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“Psychosocial Sciences” Code: 106102 Credits ECTS: 6	2020/2021
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Degree	School Plan	Type	Course	Semester
1471 Nursing	Nursing Degree	Basic Training	1	1

Contact:

Responsible for the Subject:

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Teacher:

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Use of languages:

Principal working language: Catalan.

Some groups entirely in English: No.

Some groups entirely in Catalan: Yes

Some groups entirely in Spanish: No

Prerequisites

There are no specific prerequisites.

Contextualization and objectives

This subject is part of the Basic Sciences training module of the degree in Nursing. Psychology subject is planned in the first semester. The general foundations of general psychology and the evolutionary psychology of the individual are studied in order to appreciate the process of individual development, as well as the psychosocial factors that are linked to social action and that affect the individual and public health.

The purpose of this subject is to evaluate and analyze the general aspects of General and Evolutionary Psychology, to understand the psychological processes of the individual, so that students acquire theoretical arguments for understanding themselves and are able to transfer this experience to the relationship with others.

Learning objectives of the Subject:

1. Describe the variables that influence an individual's specific behavior based on their own learning's, gender, group, or community.
2. Differentiate the particularities of individual behavior throughout their life cycle, from birth to death.
3. Identify traits and characteristics typical of an individual and adapt the interaction to these.

Learning competences and outcomes

Competences	Learning outcomes
E01. Provide technical and professional health care appropriate to the health needs of the people they serve, according to the state of development of the scientific knowledge of each moment and with quality and safety levels set out in the applicable legal and ethical standards.	E01.09 Identify psychological problems arising from domestic and gender-based violence.
E07. Demonstrate that it understands people without prejudice, considering their physical, psychological and social aspects, as autonomous and independent individuals, ensuring respect for their opinions, beliefs and values, guaranteeing the right to privacy, through confidentiality and professional secrecy.	<p>E07.01 List what are the physical, psychological and social characteristics that define the maturity of the person as being independent and autonomous.</p> <p>E07.03 Recognize people's psychosocial responses to different health situations (particularly disease and suffering), by selecting appropriate actions to provide help.</p> <p>E07.04 Identify interventions aimed at the psychosocial sphere by showing understanding and respect for the person as an autonomous and independent individual.</p>
E19. Propose solutions to the health/disease problems of individuals, families and/or the community by applying the therapeutic relationship following the scientific method of the nurse process.	E19.03 Identify people's psychosocial responses to different situations (particularly disease and suffering), selecting appropriate actions to provide assistance to them.
Basics / Generals	
B01 That student have demonstrated possessing and understanding knowledge in an area of study that starts from the basis of general secondary education, and is often found at a level that, while supported by advanced textbooks, also includes some aspects that involve knowledge from the cutting edge of their field of study.	

B04 That students can pass on information, ideas, problems and solutions to both a specialized and non-specialized audience	
G04. Act in the field of self-knowledge by assessing gender/gender inequalities.	G04.02 Analyze gender inequalities as well as the factors that support them from different systems: The family system, kinship, economic, political, symbolism and education systems.

Contents

MODULE 1. General psychology

- Introduction to Psychology.
- History of Psychology.
- The great theoretical trends.
- Processing of information: Attention and memory.
- Thought and intelligence.
- Feeling and perception.
- Learning.
- Motivations and emotions.
- Personality psychology.

MODULE 2. Social psychology

- The areas of Interaction. Person-to-person interaction. Interaction in groups and organizations.
- Interaction in mass situations. Interaction in society. Conformity. Obedience. Behavioral influence of roles. Prejudices.

MODULE 3. Evolutionary psychology

- The child from 0 to 12 years old.
- Adolescence.
- Adult and elderly psychology.

Methodology

The methodological approach of the subject places the student at the centre of the teaching-learning process. The student has to be active and autonomous throughout the learning process, while the teacher provides with the necessary information and resources for the learning.

Directed Activity:

The subject is face-to-face with non-compulsory attendance. The teaching methodologies used will be theory and practices in the classroom, promoting participation and active listening.

Supervised Activity:

The student will work with different articles and documents. Tutorials can be face-to-face or on-line.

Activities

Activity	Hours	ECTS	Learning Outcomes
Type: Directed			
Theory: Classroom practice:	45	1,8	
Type: Supervised			
Tutorials:	0,5	0,02	E01.09 E07.01 E07.03
Work-making:	7	0,28	E07.04 E19.03
Type: Autonomous			B01 B04 G04.02
Personal study Bibliographic and documents consultation. Reading articles/reports of interest	90	3,60	

Assessment

The student has an only call per academic year to pass the subject.

The academic progression and the overcoming of the subject is assessed by a continuous and formative evaluation, through two test tests and two essays, one individual and one in a group.

In the multiple choice tests, points are deducted for incorrect answers according to the following formula: $x = \text{successes} - (\text{errors}/n-1)$, where n is the number of answer options.

The indications of the essay are established by the teacher at the beginning of the course.

The presentation must follow the EUI regulations in order to be accepted.

The delay in delivery, no later than 24 hours, is penalized with one point deduction from the final essay's grade. Deliveries later than 24 hours are not accepted.

The final grade of the subject is calculated by the weighted average of the grades obtained in the tests and the essay.

A minimum of 5 is required in the exam to pass the subject overall.

Recovery Activity

A second change activity is proposed for those students who have been previously evaluated from the set of evaluation activities with a minimum weight of 2/3 parts of the total grade, and have obtained a final grade between 3.5 and 4.9 out of 10.

The activity shall consist of an evaluative test, to be determined by the teacher, which will include the failed contents, and be carried out in the period established for this purpose and will only allow access to a maximum grade of 5.

Group essay is not recoverable.

The grade of the second change note, 5, will replace the originally obtained note and the final weighted note will be recalculated.

Once the subject has been passed, it cannot be re-evaluated.

Non-evaluable:

It will be considered non-evaluable when the student has not participated in any of the assessment activities.

Qualification:

- 0 to 4, 9: Fail
- 5, 0 to 6, 9: Basic Pass
- 7, 0 to 8, 9: Remarkable
- 9, 0 to 10: Excellent (in the event that the student has obtained a grade equal to or greater than 9 may, at the discretion of the teacher, be eligible for an honorary degree).

Final grade review:

Once the final grade is published, the student may request the review of the test in the given period for this purpose. Requests for review are not accepted on dates outside the established limit.

Behaviour Rules

The teacher may downgrade between 1 and 2 points out of 10 to a student who repeatedly does not respect the indications on standards of class behaviour.

Assessment Activities

Activity	Weight	Hours	ECTS	Learning Outcomes
2 objective written tests	35 % 35%	3	0,12	E01.09 E07.01 E07.03 E07.04 E19.03
Individual work Group work	10% 20%	4,50	0,18	B01 B04 G04.02

BIBLIOGRAPHY**PSICOLOGÍA**

Author David G. Meyers

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