

Teaching Guide of the subject

Year 2024 - 2025

PALLIATIVE CARE FOR CANCER PATIENTS

Code: 106158

ECTS credits: 3

Titulation	Type	Course	Semester
2500891 Nursing	OT	4	Annual

Contact	Use of languages
<p>Responsible:</p> <p>Ramos Fernández, Adelaida ARamosF@santpau.cat</p> <p>Teaching staff:</p> <p>Ramos Fernández, Adelaida ARamosF@santpau.cat</p>	<ul style="list-style-type: none"> Group 1: Catalan

Prerequisites

There are no official prerequisites. It is recommended that the student has achieved the competencies of the subjects of "Nursing Care for the Adult" and "Nursing Care in Complex Situations".

Contextualization and objectives

This subject is optional, belongs to the Specific Nursing Care itinerary in the field of oncology and is planned in the seventh semester of the Bachelor's Degree in Nursing.

The main purpose of this subject is to deepen the knowledge of palliative care that is applied to the person with cancer in order to promote comfort and quality of life for the patient and their family.

Learning objectives of the subject

1. Identify the needs of the person with cancer to provide effective care at the end of the day. life.
2. To analyse the factors that affect the quality of care for people with cancer, in the advanced and terminal phase.
3. Show an analytical and reflective attitude in group work.

Competencies and learning outcomes

Competence	Learning Outcomes
SPECIFIC	
<p>E06. Base nursing interventions on scientific evidence and available means.</p>	<p>E06.06. Analyze nursing interventions, justifying them with scientific evidence or contributions from experts to support them.</p>
<p>E07. Demonstrate that they understand people without prejudice, considering their physical, psychological and social aspects, as autonomous and independent individuals, ensuring respect for opinions, beliefs and values, guaranteeing the right to privacy through confidentiality and professional secrecy.</p>	<p>E07.13. Respect the principles of the right to privacy, confidentiality and professional secrecy in all care carried out.</p>
<p>E08. Promote and respect the right to participation, information, autonomy and informed consent in the decision-making of the people served, according to the way they live their health-disease process.</p>	<p>E08.07. Respect the right of people to participate in the decision-making set in their own care, according to the way in which they live their health process.</p>
<p>E12. Demonstrate knowledge of the ethical and deontological code of Spanish nursing, and understand the ethical implications of health in a changing global context.</p>	<p>E12.05. Apply the ethical and deontological code of nursing in all areas of nursing activity.</p>
<p>E18. Demonstrate knowledge of the strategies for adopting comfort measures and symptom care aimed at the person and the family, in the application of palliative care that contributes to alleviating the situation of patients in advanced and terminal situations.</p>	<p>E18.01. Identify the care needs and nursing care strategies for people in advanced illness and at the end of life, as well as those of their families.</p> <p>E18.02. To analyse the basis of palliative care in people in critical situations and end-of-life processes.</p> <p>E18.03. To analyze the bases of care in people with pain.</p> <p>E18.04. Identify the different measures of comfort at a physical, emotional and spiritual level in the advanced phase of the disease and at the end of life.</p> <p>E18.05. Design care aimed at people in a situation of advanced illness and in an end-of-life situation that includes the appropriate strategies to improve comfort and alleviate the situation, paying attention to the values and preferences of sick people and their families.</p> <p>E18.06. Recognize psychosocial responses to loss and death and know the appropriate measures to help individuals and families in these circumstances.</p>

GENERAL / BASIC	
G01. To introduce changes in the methods and processes of the field of knowledge in order to provide innovative responses to the needs and demands of society.	G01.03. Acquire and use the necessary tools to develop a critical and reflective attitude.
G03. Act with ethical responsibility and respect for fundamental rights and duties, diversity and democratic values.	G03.03. To analyse difficulties, prejudices and discrimination, in the short or long term, in relation to certain people or groups.
G04. Act within the field of self-knowledge by assessing inequalities based on sex/gender.	G04.07. Communicate with a non-sexist and non-discriminatory use of language.
B05. Students must have developed those learning skills necessary to undertake further studies with a high degree of autonomy.	

Content

MODULE 1. Introduction to palliative care.

1. Palliative care. Intervention model according to the WHO.
2. Philosophy of palliative care. Hospice care model.
3. Continuity of care in cancer care: PAD, Hospital, PADES, CSS.

MODULE 2. Palliative care for the person with cancer

4. Comprehensive assessment. Physical, mental, social and spiritual needs that the person with cancer presents at the end of life.
5. Control of the most prevalent symptoms.

MODULE 3. Communication and relationship

6. Psychological and emotional support in advanced and terminal illness. Attention to the grieving processes.
7. Ethical and legal aspects at the end of life. Advance directives or Planning of decisions at the end of life.
8. Ethical problems in complex situations. Euthanasia. Adequacy of therapeutic effort.

Methodology

The methodological approach of the subject is based on considering that the protagonist in the teaching and learning process is the student. Students must be active and autonomous throughout the process and teachers must support them by providing the information and resources necessary for learning to take place. Continuous work and a participatory attitude are required in the various teaching activities.

The subject is face-to-face with non-compulsory attendance.

Directed activities:

The subject has a single theory group. The theoretical development of the subject is combined with activities in the classroom, of a more practical nature (individual and/or in groups), in order to consolidate the theoretical contents and achieve the competences of the subject.

Supervised activities:

The student carries out activities related to the syllabus, based on the analysis of scientific evidence and the resolution of cases, individually and/or in a small group. For the development of the activities, an orientation script is proposed at the beginning of the subject and tutored follow-up is carried out.

The presentation of the activities must follow the EUI's regulations for the presentation of works. They will be delivered in electronic format through the virtual classroom, and students will make an oral presentation.

The following table shows the planning of the directed, supervised and autonomous activities:

Training activities

Activity	Hours	ECTS	Learning Outcomes
Types: Directed			<i>E06.06, E07.13, E08.07, E12.05, E18.01, E18.02, E18.03, E18.04, E18.05, E18.06, G01.03. G03.03. G04.07, B05</i>
Theory	23	0,92	
Types: Supervised			<i>E06.06, E07.13, E08.07, E12.05, E18.01, E18.02, E18.03, E18.04, E18.05, E18.06, G01.03. G03.03. G04.07, B05</i>
Guardianship	1	0,04	
Type: Self-employed			<i>E06.06, E07.13, E08.07, E12.05, E18.01, E18.02, E18.03, E18.04, E18.05, E18.06, G01.03. G03.03. G04.07, B05</i>
Personal study. Bibliographic and document consultations. Preparation of work.	45	1,80	

The teaching staff will allocate approximately 15 minutes once the subject is finished to allow them to students can answer the assessment surveys on the teaching performance and the subject.

Evaluation

Students have only one call per academic year to pass the subject.

Continuous evaluation

The objective is to verify the evolution and the process of the student's learning.

Assessment instruments:

- **Different activities in the classroom individually or in small groups.** Its evaluation is carried out according to the complexity of the exercise, numerically (1-10) in the multiple-choice tests or qualitatively (pass/fail) in the analysis/reflection activities. They will be presented in written report format through the virtual classroom / oral presentation.
- **Group work** related to the content of the modules of the subject.
- **Written test:** It is carried out at the end of modules 1, 2 and 3 with multiple-choice questions.

In multiple-choice tests, the wrong answers are according to the following formula:

$x = \text{correct} - (\text{errors} / n - 1)$, where n is the number of answer options.

The grade of the subject is given by the sum of the weights obtained in each test from a minimum score of 5 out of 10 in each of them.

Final grade: 15% of classroom activities + 35% of group work + 50% of the written test.

Once the subject has been passed, it cannot be re-evaluated.

The results of the evaluation tests will be retroacted through the classroom and tutorials where appropriate.

The work evaluation rubric is available in the virtual classroom.

Qualification

- 0 to 4.9: Fail
- 5.0 to 6.9: Pass
- 7.0 to 8.9: Remarkable
- 9.0 to 10: Excellent (in the event that the student has obtained a grade equal to or higher than 9, he/she may opt, at the discretion of the teacher, for an honors).

Unique assessment

1. In this subject there is no task scheduled to be carried out in a group in the case of opting for a unique evaluation.
2. The date of the unique test will coincide with the date of the last continuous assessment test that appears in the daily schedule and in the calendar of training and evaluation activities
3. The unique assessment will consist of:
 - Test 1 which will consist of a **written test** and weights **50%**
 - Test 2, which will consist of the **delivery of a dossier with the resolution of different activities or analysis of clinical cases** and weights **15%**
 - Test 3 which will consist **of the submission of an individual work** and weights **35%**

Recovery activity

1. A unique date is set for the remedial activity for all students, whether or not they are eligible for a unique assessment.
2. A remedial activity is proposed to students who have been previously evaluated for a set of activities whose minimum weight is equivalent to 2/3 of the total grade of the subject and who have obtained a final grade of less than 5 and higher than 3.5.
3. This test will consist of an evaluation activity of the retrievable test(s) not passed.
4. The remedial tests will be determined by the teaching staff.
5. Teachers can exclude from the recovery process those activities that, by their nature, they consider not to be recoverable.
6. In the event that the student passes the retake test corresponding to the failed part, the maximum grade of the same will be a 5.
7. The retake grade will replace the grade originally obtained and the final weighted grade will be recalculated.
8. Once the subject has been passed, it may not be subject to a new evaluation.

Not assessable

It is considered not evaluated when the student has not participated in any of the activities of the continuous assessment.

Revision of the final grade

Once the final grade has been published, the student can request the review of the final test within the established period. Requests for revision are not accepted on dates outside this period.

Procedure in case of copying/plagiarism

1. Copying or **plagiarism** in any type of assessment activity is a crime, and will be penalised with a 0 as the grade of the subject, losing the possibility of recovering it, whether it is an individual or group work (in this case, all members of the group will have a 0).
2. If during the completion of an individual assignment in class, the teacher considers that a student is trying to copy or is discovered some type of document or device not authorized by the teaching staff, it will be graded with a 0, with no option of recovery, and, therefore, the subject will be suspended.
3. A work, activity or exam is considered to be "copied" when it reproduces all or a significant part of the work of oneself or another classmate.
4. A work or activity will be considered "plagiarized" when a part of a text by an author is presented as one's own without citing the sources, regardless of whether the original sources are on paper or in digital format.

Aspects of assessment related to values and attitudes

1. The teacher may reduce the grade of the subject by between 1 and 2 points when the student repeatedly does not respect the indications of behavior in the classroom and/or disturbs the normal functioning of the classroom.
2. "No disrespect for colleagues or teachers will be tolerated. Homophobic, sexist or racist attitudes will not be tolerated either. Any student in whom any of the attitudes described above are detected will be classified as failing the subject."

Formal aspects of written work

In all activities (individual and group) linguistic correctness, writing and formal aspects of presentation will be considered.

Other considerations

1. All the evaluation tests will be published in the daily program and in the calendar of the training and evaluation activities.
2. The date of the unique test will coincide with the date of the last continuous assessment test.
3. Students who repeat the subject may request at the beginning of the academic year to take only a final synthesis assessment (Article 117, page 46 of the Academic Regulations of the Universitat Autònoma de Barcelona (Approved by agreement of the Governing Council of 7 July 2022, and amended by agreement of the Governing Council of 1 February 2023).

Students in the second or higher enrolment who have taken all the assessment tests the previous year may choose to take assessment with a single synthesis assessment activity. This activity will consist of an exam at the end of the subject coinciding with the written exam of the subject. Students in the second or higher enrolment who wish to opt for the synthesis exam must notify the teaching staff responsible for the subject in writing two weeks before the published date.

Evaluation activities

Activity	Weight	Hours	ECTS	Learning Outcomes
Written test	50%	1,87	0,08	<i>E06.06, E07.13, E12.05, E18.01, E18.02, E18.03, E18.04, E18.05, E18.06, G01.03. G03.03.</i>
Group work / oral defense	35%	1,31	0,05	<i>E06.06, E07.13, E08.07, E12.05, E18.01, E18.02, E18.03, E18.04, E18.05, E18.06, G01.03. G03.03. G04.07, B05</i>
Deliver reports (Classroom activities)	15%	0,56	0,02	<i>E06.06, E07.13, E08.07, E12.05, E18.01, E18.02, E18.03, E18.04, E18.05, E18.06, G01.03. G03.03. G04.07, B05</i>

Bibliography

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Health 2007

Recommendations to health professionals for the care of patients at the end of life.

Bioethics Committee of Catalonia
Generalitat de Catalunya 2010.

Palliative Care Strategy of the National Health System. Update 2010-2014.

Ministry of Health, Social Policy and Equality.
Health 2011.

Evaluation of the National Palliative Care Strategy of the National Health System.

Ministry of Finance and Public Administration
State Agency for the Evaluation of Public Policies and the Quality of Services (AEVAL) 2012. www.aeval.es

Working group of the Clinical Practice Guidelines on palliative care for adults in the last days. **Clinical Practice Guidelines on Palliative Care for Adults in Situations of the Last Days.** Madrid: Ministry of Health; Santiago de Compostela: Health Knowledge Agency (ACIS). Scientific-Technical Advisory Unit, Avalia-t; 2021. Clinical Practice Guidelines in the NHS.

Websites of interest:

<http://www.ics.gencat.cat/3clics/main.php?page=GuiaPage&idGuia=109>

<http://www.secpal.com/>

<http://aecpal.secpal.com/>

<http://www.secpal.com/%5CDocumentos%5CBlog%5CGuiaPlanesdeCuidadosdeEnfermeria.pdf>

<http://www.paliativossinfronteras.com/>

<http://dosporlacarretera.blogspot.com.es/>

Teaching platforms

- Moodle