

Teaching Guide of the subject

Year 2024 - 2025

PRACTICUM VII

Code: 106126

ECTS credits: 12

Titulation	Type	Course	Semester
2500891 Nursing	OB	4	1-2

Contact	Use of languages
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Prerequisites

It is necessary to have passed at least all the subjects of the first year and a total number of 120 credits in the first three years.

In order to be able to carry out the clinical practice, the student must have signed the confidentiality commitment, the clinical internship collaboration agreement, as well as having provided a negative certification from the Central Registry of Sexual Crimes, as indicated in the regulations published by the UAB, in April 2016, which must be complied with, according to article 13.4 of the Organic Law on the Legal Protection of Minors.

Contextualization and objectives

This subject is part of the External Internships subject and is planned in the eighth semester of the Bachelor's Degree in Nursing. It is oriented towards professional practice, is integrative, rotating in nature and also allows for the deepening and reinforcement of the learning that is considered necessary to consolidate the skills of the subject.

Supervised internships are a fundamental element for the development of professional competencies in nursing and their purpose is to facilitate the integration of theoretical knowledge, skills and attitudes specific to the degree, as well as to guide the student in their process towards professionalization.

The Practicum VII is linked to the set of subjects, theoretical and practical, of the career, which allows the incorporation of professional values, reasoning and clinical judgment, clinical management and different communication skills, as well as those related to education, care and care of people during health-disease processes.

The program is developed in different areas of nurses' action, allowing them to care for people at different times of the life cycle (children, adults, old age) and in situations of health and illness.

This practicum includes a weekly stay, planned in a different environment from the previous practical ones, led by a nurse (Methodology and Care Management, Quality of Care, Research, Nursing Consultations, Extractions, Diagnostic Imaging and Nuclear Medicine, Management, etc.).

The [Clinical Practice Framework Document](#) and the regulations section of the [Student Guide](#) include information and documentation in relation to clinical internships. It is necessary that the student has read this documentation before taking the subject.

Learning objectives of the subject

1. Integrate into professional practice the knowledge, skills and attitudes associated with the competencies of the practitioner (of this and the previous ones), incorporating professional values, care communication skills, clinical reasoning, clinical management and critical judgment.
2. Use the nursing care process as a scientific methodology in interventions in clinical practice to provide and ensure well-being, quality and safety to the people cared for and in problem solving.
3. To provide comprehensive nursing care, to the individual, the family and the community, with quality criteria and based on scientific evidence and available means.
4. Perform clinical techniques and nursing procedures, establishing a therapeutic relationship with patients and family members.
5. Reflect on and on practice with the theoretical and practical references that the student acquires.

Competencies and Learning Outcomes¹

Competence	Learning Outcomes
SPECIFIC	
<p>E01. To provide technical and professional health care appropriate to the health needs of the people they serve, in accordance with the state of development of scientific knowledge at any given time and with the levels of quality and safety established in the applicable legal and deontological standards.</p>	<p>E01.21. Comprehensively assess health situations using tools such as physical examination, complementary tests and nursing interviews.</p> <p>E01.22. Demonstrate skill in the execution of nursing procedures and techniques.</p> <p>E01.24. Periodically evaluate the health situations and nursing interventions provided.</p> <p>E01.25. Provide comprehensive and individualized nursing care to individuals, families and communities, evaluating the results obtained.</p> <p>E01.26. Apply the knowledge and skills acquired to healthcare practice.</p> <p>E01.32. Recognize life-threatening situations.</p> <p>E01.33. Demonstrate how to execute basic life support maneuvers.</p>
<p>E02. Plan and provide nursing care aimed at individuals, families or groups, oriented towards health outcomes, evaluating its impact, through clinical practice and care guidelines, which describe the processes by which a health problem is diagnosed, treated or cared for.</p>	<p>E02.02. Plan nursing care in an individualized way and adapted to each situation of clinical practice.</p> <p>E02.03. Apply the nursing process to provide and guarantee the well-being, quality and safety of the people cared for.</p>
<p>E03. Apply the theoretical and methodological foundations and principles of nursing.</p>	<p>E03.07. Solve nursing problems and collaboration problems, using the clinical history applying the nursing methodology and the standardized languages in force.</p>
<p>E05. Design care systems aimed at individuals, families or groups, evaluating their impact and establishing the appropriate modifications.</p>	<p>E05.03. Determine the appropriate outcome criteria for the nursing problems detected.</p> <p>E05.06. Apply knowledge about pathophysiology and health determinants in nursing care.</p> <p>E05.09. Assess the state of health of the individual, family and/or community, identifying the problems and internal and external factors that affect their health.</p>
<p>E06. Base nursing interventions on scientific evidence and available means.</p>	<p>E06.05. Apply scientific evidence in the planning and development of nursing care.</p>

¹ "The competencies and learning outcomes of the External Practice subject will be worked on and evaluated throughout the different practicums depending on the context and environment where each of the practicums are developed. Throughout the development of the clinical practice stays from 2nd to 4th year, the achievement of all the clinical practice competencies of the degree will be ensured."

	<p>E06.06. Analyze nursing interventions, justifying them with scientific evidence and/or contributions from experts to support them.</p> <p>E06.07. Identify specific clinical practice guidelines for each stage of the life cycle.</p>
<p>E07. Demonstrate that they understand people without prejudice, considering their physical, psychological and social aspects, as autonomous and independent individuals, ensuring respect for their opinions, beliefs and values, guaranteeing the right to privacy, through confidentiality and professional secrecy.</p>	<p>E07.12. Apply a respectful relationship with the user/family/health team, without making value judgments.</p> <p>E07.13. Respect the principles of the right to privacy, confidentiality and professional secrecy in all care carried out.</p>
<p>E08. Promote and respect the right to participation, information, autonomy and informed consent in the decision-making of the people served, in accordance with the way they live their health-disease process.</p>	<p>E08.06. Integrate psychosocial aspects into the care plan, ensuring respect for opinions, preferences, beliefs and values.</p> <p>E08.07. Respect the right of people to participate in the decision-making set in their own care, according to the way they live their health process.</p>
<p>E09. Promote healthy lifestyles, self-care, supporting the maintenance of preventive and therapeutic behaviors.</p>	<p>E09.06. Apply educational and informational interventions that promote healthy lifestyles and self-care.</p>
<p>E10. Protect the health and well-being of the people, family or groups served, guaranteeing their safety.</p>	<p>E10.02. Identify the elements that may put people's health at risk in relation to the use and management of drugs.</p> <p>E10.11. Prioritise health prevention measures during their interventions in health centres.</p> <p>E10.12. Assess the risk and protect people's health by guaranteeing their safety.</p> <p>E10.13. Use protection and safety measures to ensure well-being and minimise the risk associated with care.</p>
<p>E11. Establish effective communication with patients, family, social groups and peers and promote health education.</p>	<p>E11.05. Establish an empathetic and respectful relationship with the person and family, according to the person's situation, health problem, and stage of development.</p> <p>E11.06. Use strategies and skills that allow effective communication with individuals, families and social groups and peers; as well as the expression of their concerns and interests.</p> <p>E11.07. Communicate by adapting the language to each interlocutor.</p>
<p>E12. Demonstrate that they know the ethical and deontological code of Spanish nursing, understand the ethical implications of health in a changing global context.</p>	<p>E12.05. Apply the ethical and deontological code of nursing in all areas of nursing activity.</p>

E13. Demonstrate knowledge of the principles of health and social and health financing and make appropriate use of available resources.	E13.05. Properly use available resources.
E15. Work with the team of professionals with a basic unit in which professionals and other personnel of healthcare organizations are structured in a uni- or multi-disciplinary and inter-disciplinary way.	E15.03. Demonstrate a cooperative attitude with the different members of the team. E15.07. Integrate into multi- and inter-disciplinary work teams and share common objectives.
E16. Demonstrate knowledge of health information systems.	E16.07. Use health information systems and computer programs for the collection and analysis of data that facilitate the planning, analysis and evaluation of care, as well as the generation of reports.
E17. To provide nursing care based on comprehensive health care, which involves multi-professional cooperation, integration of processes and continuity of care.	E17.02. Value and treat people in a holistic, tolerant and non-judgmental way. E17.03. Work collaboratively and responsibly to achieve previously planned objectives, guaranteeing continuity of care. E17.04. Perform nursing care in a comprehensive way within the inter-disciplinary team.
E18. Demonstrate knowledge of the strategies for adopting comfort measures and symptom care, aimed at the patient and family, in the application of palliative care that contributes to alleviating the situation of advanced and terminally ill patients.	E18.05. To design care aimed at people in a situation of advanced illness and in an end-of-life situation that includes the appropriate strategies to improve comfort and alleviate the situation, considering the values and preferences of sick people and their families.
E19. Propose solutions to the health/disease problems of individuals, families and/or the community by applying the therapeutic relationship following the scientific method of the nursing process.	E19.04. Apply the helping relationship to the solution of health/disease problems of individuals, families and/or the community.
E20. Use scientific methodology in their interventions.	E20.06. Use the nursing care process as a scientific methodology in interventions and problem solving E20.08. Use scientific evidence in healthcare practice.
GENERAL / BASIC	
G01. To introduce changes in the methods and processes of the field of knowledge in order to provide innovative responses to the needs and demands of society.	G01.03. Acquire and use the necessary tools to develop a critical and reflective attitude. G01.04. Adapt to new situations and contexts while maintaining a constructive attitude.
G02. Act in the field of their own knowledge, assessing the social, economic and environmental impact.	G02.01. Identify the social, economic and environmental implications of the academic-professional activities in the field of their own knowledge.

<p>G04. Act within the field of self-knowledge by assessing inequalities based on sex/gender.</p>	<p>G04.03. To analyze differences by sex and gender inequalities in etiology, anatomy, physiology, pathologies, differential diagnosis, therapeutic options, pharmacological response, prognosis, and nursing care.</p> <p>G04.04. Carry out a medical history, physical and psychological examination, and nursing diagnosis specifically for men and women, also incorporating affective-sexual diversity, gender identity and expression.</p> <p>G04.07. Communicate with a non-sexist and non-discriminatory use of language.</p>
<p>B02. Students must know how to apply their own knowledge to their work or vocation in a professional way and have the competencies that are usually demonstrated through the elaboration and defense of arguments and the resolution of problems within their area of study.</p>	
<p>B03. Students must have the ability to gather and interpret relevant data (usually within their area of study) to make judgments that include reflection on salient social, scientific, or ethical issues.</p>	
<p>B04. That students can transmit information, ideas, problems and solutions to both a specialized and non-specialized audience.</p>	
<p>B05. Students must have developed those learning skills necessary to undertake further studies with a high degree of autonomy.</p>	

Content

Prior to the start of the internship, information is provided on the development and organization of the subject. All the documentation and the circuits that are established between all the agents are reviewed; the planning is closed and the specific Internship Agreement is signed.

Clinical Practice²

Clinical internships allow students to integrate into real scenarios. Interact with multidisciplinary teams, make direct contact with patients and care for them, as well as understand the care circuits and processes. The care of the clinical process is worked on together with the care plan. Decision-making, work organization, social and therapeutic communication are promoted, while technical, procedural and attitudinal aspects are addressed.

² In the total calculation of hours, a fixed number of 8 weeks is considered for each practicum. In this practicum, the two weeks remaining for the fulfillment of the total hours of practice according to European Regulations are returned.

Methodology

Supervised activity:

Supervised clinical internships are carried out in different areas of the Barcelona area and surroundings. Its duration is 8+22 weeks organized into 3 periods in which the student rotates through different environments.

Each student, during the internship, is assigned to a tutor from the internship center (reference nurse) who assumes a single student for the entire period; An academic tutor (clinical collaborator) monitors progress weekly. All tutors participate in the formative and continuous assessment coordinated by the person in charge of the programme.

Shifts and schedules:

The timetable of the practice is established, in the morning, afternoon, mixed or night shifts, adapted to the schedule of the Centre's nurses.

These schedules can be modified depending on the needs of the internship center.

Training Activities

Activity	Hours	ECTS	Learning Outcomes
Types: Supervised Human Clinical Healthcare Practice	291+70 ³	11,64	<i>E01.21, E01.22, E01.24, E01.25, E01.26, E01.32, E01.33, E02.02, E02.03, E05.06, E05.09, E06.05, E07.12, E07.13, E08.07, E09.06, E10.11, E10.12, E10.13, E11.05, E11.06, E11.07, E12.05, E13.05, E15.03, E15.07, E16.07, E17.02, E17.03, E17.04, E19.04, E20.08, B02, B04, G01, G01.03, G1.04, G04.07</i>
Type: Self-employed Personal study, bibliographic consultations and documents. Preparation of works.	9	0,36	<i>E03.07, E05.03, E06.06, E06.07, E08.06, E10.02, E12.05, E18.05, E20.06, B03, B04, B05, G01.03, G02.01, G04.03, G04.04</i>

The teaching staff will allocate approximately 15 minutes once the subject is finished to allow their students to students can answer the assessment surveys on the teaching performance and the subject.

³ In the total calculation of hours, a fixed number of 8 weeks is considered for each practicum. In this practicum, the two weeks remaining for the fulfillment of the total hours of practice according to European Regulations are returned. The 70 hours correspond to two weeks of internship that is returned for adjustment of hours and ECTS

Evaluation

Evaluation is formative and continuous. The level of achievement of the objectives and skills acquired during the clinical internships is evaluated.

Attendance at clinical practices is mandatory.

The student evaluation involves:

- The tutor of the internship center (reference nurse) informs of the student's ongoing process.
- The clinical collaborator values the monitoring of the student's learning.
- The student himself, through the memory of the practical.
- The academic tutor (professor responsible for the subject), responsible for the overall evaluation of the student and the grade.

Assessment instruments:

- Report from the centre's tutor (referral nurse)
- Evaluation report of the clinical collaborator.
- Student's memory.

The final grade of the subject is obtained from the weighted average according to the percentage assigned to each of the different activities proposed for evaluation. The minimum grade of each part to be able to make the average is a 5 out of 10.

Attendance at the internship:

- **Attendance at clinical practice is mandatory in all the scheduled hours, in the shift and at the assigned time.**
- We understand justified absence as⁴ :
 1. Death of a family member of the first and second degree of consanguinity.
 2. Acute disease.
 3. For medical visit: the student has permission for the essential hours to attend the medical visit.
 4. Official exams: the student has permission all day the exam takes place.
 5. For other cases approved jointly by the collaborating entity and the EUI-Sant Pau.
- **Notification of absences:** The student must inform the tutor of the collaborating centre (reference nurse, the clinical collaborator and the academic tutor (subject manager), and send an email to practiquesuei@santpau.cat of any absence and must present the corresponding justification. When the absence is foreseeable, you must give enough notice.
- In the case of absences from internships due to time incompatibility, and whenever required by the person in charge of the subject, the student must submit the Declaration of Responsibility for Time Incompatibility to the practical, this document must be communicated and delivered **before** the beginning of the practical period that affects.

⁴ Academic regulations of the Universitat Autònoma de Barcelona (Approved by agreement of the Governing Council of 7 July 2022, and amended by agreement of the Governing Council of 1 February 2023). Title IX. UAB External Internships.

- **Unjustified absences:**

- For each unjustified absence, up to 3 days (21 hours), 0.5 points will be deducted from the final grade of the subject for each day.
- If the student has > 3 absences (>21 hours) without justification, the subject is suspended. Justified absences.

- **Justified absences:**

- Up to 4 absences (28 hours) justified: The teacher responsible for the subject will propose a remedial activity.
- > of 4 (>28 hours): the subject will be considered non-assessable.

Qualification

- 0 to 4.9: Fail
- 5.0 to 6.9: Pass
- 7.0 to 8.9: Remarkable
- 9.0 to 10: Excellent (in the event that the student has obtained a grade equal to or higher than 9, he/she may opt for, criterion of the professor, to an honors).

Not assessable

When the student has not provided sufficient evidence to allow an overall grade of the subject, the grade of "Not assessable" will appear in the record.

Failure to attend seminars and planned practices is a reason for lack of sufficient evidence.

Review of the evaluation of the subject

Once the final grade has been published, the student can request the review in the period determined by the "review".

Requests for review on dates outside the established limit will not be accepted.

Evaluation activities

Activity	Weight	Hours	ECTS	Learning Outcomes
Supervised activity				
Evaluation of the performance of clinical practice	100%	291+70⁵	11,64	<i>E01.21, E01.22, E01.24, E01.25, E01.26, E01.32, E01.33, E02.02, E02.03, E05.06, E05.09, E06.05, E07.12, E07.13, E08.07, E09.06, E10.11, E10.12, E10.13, E11.05, E11.06, E11.07, E12.05, E13.05, E15.03, E15.07, E16.07, E17.02, E17.03, E17.04, E19.04, E20.08, B02, B04, G01, G01.03, G1.04, G04.07</i>
- Report from the school tutor	45%			
- Evaluation report of the Clinical Collaborator	35%			
- Delivery of report (Report)	20%	9	0,36	

Procedure in case of copying/plagiarism

1. Copying or **plagiarism** in any type of assessment activity is a crime, and will be penalised with a 0 as the grade of the subject, losing the possibility of recovering it, whether it is an individual or group work (in this case, all members of the group will have a 0).
2. If during the completion of an individual work in class, the teaching staff considers that a student is trying to copy or is discovered some type of document or device not authorised by the teaching staff, it will be graded with a 0, with no retake option, and therefore, the subject will be suspended.
3. A work, activity or exam is considered to be "copied" when it reproduces all or a significant part of the work of oneself or another classmate.
4. A work or activity will be considered "plagiarized" when a part of a text by an author is presented as one's own without citing the sources, regardless of whether the original sources are on paper or in digital format.

Aspects of assessment related to values and attitudes

1. The teacher may reduce the final grade of the subject by between 1 and 2 points when the student repeatedly does not respect the indications of behavior in the classroom and/or disturbs the normal functioning of the classroom.
2. "No disrespect for colleagues or teachers will be tolerated. Homophobic, sexist or racist attitudes will not be tolerated either. Any student in whom any of the attitudes described above are detected will be classified as failing the subject."

⁵ In the total calculation of hours, a fixed number of 8 weeks is considered for each practicum. In this practicum, the two weeks remaining for the fulfillment of the total hours of practice according to European Regulations are returned.
The 70 hours correspond to two weeks of internship that is returned for adjustment of hours and ECTS.

Formal aspects of written work

In all activities (individual and group) linguistic correctness, writing and formal aspects of presentation will be considered. It is recommended that before submitting a learning evidence, it is necessary to check that the sources, textual citations and bibliographic references have been correctly written following the regulations of Presentation of works, a text recommended by EUI-Sant Pau.

Bibliography

Books:

NURSING DIAGNOSES: DEFINITIONS AND CLASSIFICATION 2021-2023

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CLINICAL NURSING. Nursing care for people with health disorders.

Author: Luis Rodrigo MT.

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Moorhead S, Swanson E, Johnson M & Maas M. Nursing Outcomes Classification (NOC): Measuring Health Outcomes. 6th ed. Barcelona: Elsevier; 2019.

Butcher M, Bulechek G, Dochterman JM & Wagner CM. Classification of Nursing Interventions (NIC). 7th ed. Barcelona: Elsevier; 2019.