

Teaching Guide of the subject

Year 2026 -2027

FAMILY AND COMMUNITY NURSING

Code: 106118

ECTS credits: 6

Qualification	Types	Course	Semester
2500891 Nursing	OB	2	2

Contact	Use of languages
Responsible: Santesmases Masana, Rosalía rsantesmases@santpau.cat Teaching staff: Santesmases Masana, Rosalía rsantesmases@santpau.cat	Group 1 : Catalan

Prerequisites

There are no official prerequisites, but it is recommended to have taken the Theoretical Foundations of Nursing, Methodological Foundations of Nursing and Public Health.

Contextualisation and objectives

This subject is part of the Nursing Sciences training module, Community Nursing subject and is planned in the fourth semester of the degree.

The main purpose of this subject is to train students in the identification of nursing skills in the field of family and community care.

Learning objectives of the subject

1. To identify nursing competencies in the Framework of Primary and Community Health Care.
2. Identify the organization of nursing care within the family and community specialty in the primary care team.
3. To analyse the social determinants of health and the axes of inequality that affect individuals, families and communities in the field of primary care.
4. To identify the influence of internal and external factors on the level of health of individuals and families, and to integrate them into the community nursing assessment
5. Describe the care needs of people with chronic diseases at different levels of care and degrees of complexity.
6. To plan nursing interventions aimed at promoting, maintaining or recovering the health of adults in the community.
7. To analyze the role of the Family and Community Nurse in Family Care, in Community Participation and Intervention and in Vaccination and Immunization Programs.

8. Identify the main Health Programmes that are developed in primary health care teams: Nursing Demand Management, Childhood and Health Programme, Preventive Activities and Health Promotion Programme in Adults, Chronic Patient Programme, Chronicity Care and Prevention Programme and Home Care Programme.

Learning outcomes

Learning Outcomes of the TITLE (RAT)	LEARNING OUTCOMES OF THE SUBJECT (RAM)
KT03. Define the fundamental concepts of health and well-being of individuals, families, or the community.	KM28. Identify the sexual and reproductive health needs of individuals, families, or the community (KT03). KM37. Identify the influence of internal and external factors on the health status of individuals, families, or the community (KT03). KM38. Identify the care needs of individuals, families, and the community related to chronic diseases across different levels of complexity and care settings (KT03).
KT06. Define the purpose of public health and the related factors that increase the risk of diseases and health problems.	KM35. Describe the foundations of primary health care and the activities required to provide comprehensive nursing care to individuals, families, or the community (KT06). KM36. Identify the social determinants of health and the axes of social inequality affecting individuals, families, or the community (KT06).
ST03. Plan nursing care directed at individuals, families, or the community and oriented toward health outcomes.	SM35. Plan nursing interventions to promote, maintain, or restore the health of adults (ST03).

Contents

MODULE I. PRIMARY CARE: HEALTH AND COMMUNITY

- Topic 1: Primary health care: principles and characteristics.
- Topic 2: Organization and teamwork in primary health care.
- Topic 3: Family approach in primary health care.
- Topic 4: Community Health and Community-Oriented Primary Health Care.
- Topic 5: Nursing Demand Management.
- Topic 6: Programme of Preventive Activities and Health Promotion. Preventive activities in women.
- Topic 7: Programme of vaccinations in childhood and adulthood.

MODULE II. PRIMARY CARE: CLINICAL AND COMMUNITY CARE.

- Topic 8: Nursing care for children and adolescents in primary health care.
- Topic 9: Nursing care for chronic patients in primary health care. People with health problems (Cardiovascular Risk, Hypertension, Diabetes Mellitus, Smoking, Oral Anticoagulant Treatments, Chronic Obstructive Pulmonary Disease).
- Topic 10: Nursing care for fragile and complex chronic patients in primary health care. Clinical Nurse of Complex Chronicity
- Topic 11: Home Care Programme.

Methodology

The methodological approach of the subject is based on considering that each student is the protagonist in the teaching and learning process. Students must be active and autonomous throughout the process and teachers must support them, providing the necessary information and resources for learning to take place.

Teaching is face-to-face and there is a single theory group. The subject has a virtual classroom for information, work and management of the subject.

Directed activity:

Presentation of contents through presentations with explanations by the teaching staff and ICT support. Analysis of cases that present professional situations to conceptualize experiences and solutions. Presentation of open activities with expert professionals in the field of care and research.

Supervised activity:

Students must carry out activities based on case solving, in small groups. To carry them out, an indicative script is proposed and a tutored follow-up is carried out.

The presentation of the activities must follow the rules for the presentation of works of the EUI. They will be delivered in electronic format through the virtual classroom.

Training activities¹

Activity	Hours	ECTS	Learning Outcomes
Type: Directed			
. Theory (TE)	45	1,8	KM35, KM36, KM37, KM38, KM28
Type: Supervised			
. Tutoring:	1	0,04	KM35, KM36, KM37, KM38, KM28, SM35
Type: Autonomous			
. Reading articles/reports of interest.	90	3,6	KM36, KM37, KM38, KM28, SM35
. Personal study.			KM35, KM36, KM37, KM38, KM28
. Bibliographic queries and documents.			KM36, KM37, KM38, KM28, SM35
. Preparation of works.			KM36, KM37, KM38, KM28, SM35

¹ The teaching staff will allocate approximately 15 minutes once the subject is finished to allow that their students can answer the assessment surveys on teaching and subject.

Evaluation

Continuous assessment

The assessment must make it possible to verify the level of learning achieved, taking into account the objectives and learning outcomes of the programme, without disregarding the adaptations that may have been introduced.

The evaluation consists of three tests, of different types (structured tests and written work) throughout the two modules of the subject.

1.- Two objective multiple-choice tests: They are carried out at the end of module I and module II.

They have an overall weight in the subject of 85% (objective test 1: 35% + objective test 2: 50%). In multiple-choice tests, the negative answers are subtracted according to the following formula: $X = \text{Successes} - (\text{errors} / n - 1)$, where n is the number of answer options.

2.- Written work: It will be presented through a final group work, the analysis and resolution of some of the activities distributed throughout the modules of the subject. The final project has an overall weight in the subject of 15%. The evaluation rubric of the work is available in the virtual classroom.

The grade of the subject in the continuous assessment is given by the weighted sum of these tests (provided that the minimum grade of 5 is exceeded in each test).

Feedback on the results of the evaluation tests will be made through the classroom and tutorials if necessary.

Qualification

- 0 to 4.9: Suspense
- 5.0 to 6.9: Passed
- 7,0 a 8,9: Notable
- 9.0 to 10: Excellent (in the event that the student has obtained a grade equal to or higher than 9, he/she may opt, at the discretion of the teacher, for an honors degree).

Single assessment

1. In this subject there is no task programmed to be done in a group
2. The date of the single test will coincide with the date of the last continuous assessment test that appears in the daily programme and in the calendar of training and assessment activities.
3. The single assessment will consist of:
 - Test 1 which will consist of a **multiple-choice objective test** and weights 35%.
 - Test 2 which will consist of a **multiple-choice objective test** and weights 50%.
 - Test 3 which will consist of **individual final project** in the classroom and weights 15%.

Recovery activity

1. A single date is determined for the recovery activity for all students, whether or not they are subject to single assessment.
2. A recovery activity is proposed to students who have been previously evaluated by a set of activities whose minimum weight is equivalent to 2/3 of the grade and who have obtained a final grade of less than 5 and greater than 3.5.
3. This test will consist of an evaluation activity of the test(s) not passed.
4. The recovery tests will be determined by the teaching staff.
5. The teacher may exclude from the recovery process those activities that, due to their nature, he/she considers that they are not recoverable.
6. In the event that the student passes the retake test corresponding to the failed part, the maximum grade of this will be a 5.
7. The retake grade will replace the grade originally obtained and the final weighted grade will be recalculated.
8. Once the subject has been passed, it cannot be subject to a new evaluation.

No evaluable

It is considered that the subject will not be assessable when one of these circumstances is met:

1. Not having delivered any of the continuous assessment activities provided for in the teaching guide.
2. Not having attended any of the practical or compulsory sessions, when these are necessary to assess learning outcomes and as indicated in the teaching guide.
3. Not having taken the final test (exam, written or oral test, work defense, etc.), if This represents an essential percentage of the grade.
4. Not having completed the minimum required participation in training activities (for example, seminars, presentations, forums, etc.), when these are part of the evaluation.
5. Not having submitted the final project or compulsory project, if this constitutes a central evidence of learning of the subject.

Exam Review

Once the final grade has been published, the student can request the revision of the exam within the period determined by the "exam review". Review requests will not be accepted on dates outside the established limit.

Procedure in case of copying / plagiarism

1. Copying **or plagiarism** in any type of evaluation activity constitutes a crime, and will be penalized with a 0 as a grade for the subject, losing the possibility of recovering it, whether it is an individual or group work (in this case, all members of the group will have a 0).

- If, during the completion of an individual assignment in class, the teacher considers that a student is trying to copy or is discovered some type of document or device not authorized by the teacher, the same will be graded with a 0, without the option of recovery, and therefore, the subject will be suspended.
- A work, activity or exam will be considered to be "copied" when it reproduces all or a significant part of the work of oneself, another classmate.
- A work or activity will be considered "plagiarized" when a part of a text by an author is presented as one's own without citing the sources, regardless of whether the original sources are in paper or digital format.

The use of Artificial Intelligence (AI) technologies

The use of Artificial Intelligence (AI) technologies is regulated according to the type of work to be carried out:

- In the event that the work aims at personal reflection and meaningful learning by the student, **the use of AI technologies is prohibited** in any of its phases of completion.
Any work that includes AI-generated fragments (e.g. abstracts, translations, text writing or image creation) will be considered a lack of academic honesty and may lead to a partial or total penalty in the grade of the activity, as well as greater penalties in cases of seriousness.
- In other works, **the restricted use of AI technologies is allowed** exclusively in those support tasks, such as bibliographic or information searches, proofreading, translations, and other specific situations that are indicated. In these cases, the student will have to clearly identify which parts have been generated with this technology, specify the tools used and include a critical reflection on how they have influenced the process and the final result of the activity. The non-transparency of the use of AI in this assessable activity will be considered a lack of academic honesty and may lead to a partial or total penalty in the grade of the activity, as well as greater sanctions in cases of severity.

In any case, in the description of each assignment, the teacher in charge will clearly indicate **whether the prohibited or restricted use of AI applies**.

Aspects of evaluation related to values and attitudes

- The teacher may reduce the grade of the subject by between 1 and 2 points when the student repeatedly does not respect the indications of behavior in the classroom and/or disturbs the normal functioning of the same.
- "No lack of respect for classmates or teachers will be tolerated. Homophobic, sexist or racist attitudes will also not be tolerated. Any student in whom any of the attitudes described above are detected will be classified as having failed the subject."

Formal aspects of written work

In all activities (individual and group) linguistic correction, writing and formal presentation aspects will be taken into account.

Other considerations

1. All the evaluation tests will be published in the daily program and in the calendar of training and evaluation activities.
2. The date of the single test will coincide with the date of the last continuous assessment test.
3. Students who repeat the subject may request at the beginning of the course to carry out only one final synthesis assessment (article 117, page 46 of the Academic Regulations of the Universitat Autònoma de Barcelona (Approved by agreement of the Governing Council of 7 July 2022, and modified by agreement of the Governing Council of 1 February 2023)).

Students in second or more enrolment who have taken all the assessment tests in the previous year may opt to be assessed with a single synthesis assessment activity. This activity will consist of an exam at the end of the subject coinciding with the written exam of the subject. Students in second or more enrolment who wish to opt for the final exam must notify the teaching staff responsible for the subject in writing two weeks before the published date.

Evaluation activities

Activity	Weight	Hours	ECTS	Learning Outcomes
Objective multiple-choice tests				
• Test Module I	35%	1	0,04	KM35, KM36, KM37, KM38, KM28
• Test Module II	50%	1	0,04	
Group work	15%	5	0,20	KM36, KM37, KM38, KM28, SM35

Bibliography

Books:

FAMILY CARE AND COMMUNITY HEALTH. 3rd Edition

Author: Martín Zurro, A; Jodar Solà, G (editors)

Edition: Barcelona, Elsevier 2023

ISBN: 978-849-113-2271

PRACTICAL MANUAL OF COMMUNITY NURSING (2nd Edition)

Author: Jose Ramón Martínez Riera and Rafael del Pino Casado

Edition: Madrid, Elsevier 2020

ISBN: 978-849-1136-781

VACCINE BY VACCINE, MANUAL ON VACCINES. 5th Edition.

Author: María Fernández Prada, Glòria Mirada Masip, Fernando Moraga-Llop

Edition: Zaragoza: Amazing Books 2026

ISBN: 978-84-19792-21-1

Webgraphy:

- **Actions and programmes that promote healthy habits, emotional well-being and the socialisation and prevention of risky behaviours in children and young people.** Department of Education. Government of Catalonia: <https://educacio.gencat.cat/ca/arees-actuacio/centres-serveis-educatius/centres/salut-escola/index.html>
-
- **List of standardised care plans for people cared for in Primary Care**
https://ics.gencat.cat/ca/Professionals/coneixement-assistencial/cures-infermeres/cures-atencio-primaria/ares_primaria/index-ap.html
- **Federation of Family and Community Nursing Associations**
<https://faecap.es/>
- **AlFiCC: Family and Community Nursing Association of Catalonia**
<https://www.aificc.cat/>
- **Spanish Association of Primary Care Paediatrics**
<https://www.aepap.org/>
- **Programme of Preventive Activities and Health Promotion**
<https://papps.es/>
- **GEDAPS Network Foundation**
<https://www.redgdps.org/>
- **Public Health Agency of Catalonia**
<https://salutpublica.gencat.cat/ca/inici/>
- **Youth Centre for Attention to Sexualities**
<https://centrejove.org/>
- **Sexual health**
<https://canalsalut.gencat.cat/ca/salut-a-z/s/salut-sexual/>
- **Programme of preventive activities and health promotion**
<https://papps.es/>

To the program

- Moodle