

Teaching Guide of the subject

Year 2026 - 2027

CULTURE, SOCIETY AND HEALTH

Code: 106103

ECTS credits: 6

Qualification	Types	Course	Semester
2500891 Nursing	FB	1	2

Contact	Use of languages
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Prerequisites

There are no official prerequisites.

Contextualisation and objectives

This subject is part of the Basic Sciences, Sociology subject and is planned for the second semester of the Bachelor's Degree in Nursing.

It integrates the theoretical and methodological tools provided by other basic science subjects, already taken for students, to carry out the analysis of the different topics addressed from the Sociology of Health. The main purpose of this course is to provide an area for discussion of basic concepts of the Sociology of Health where the different perspectives of the social sciences can provide a differential view in the definition of the problems posed by the processes of health-disease-care.

Learning objectives of the subject

1. Analyse the basic concepts about culture and society and their influence on the health of individuals.
2. To identify contemporary social heterogeneity in the face of health-disease-care.
3. Understand the need to incorporate the gender perspective in health.
4. To analyse the impact of social inequalities on people's health.
5. To show the impact of migration on Western professional practice. Nursing cultural competence.
6. Analyse contemporary cultural and social diversity and its influence on health, disease and care processes.

7. Identify the social, economic and cultural factors that generate health inequalities and condition access to health care.
8. Describe the impact of migration on health and nursing practice, incorporating cultural competence as a key element of care.

Learning outcomes

Learning Outcomes of the DEGREE (RAT)	LEARNING OUTCOMES OF THE SUBJECT (RAM)
ST04. To make clinical judgments, based on clinical and care practice guidelines and applying diagnostic and therapeutic reasoning in the provision of care.	SM01. Use scientific evidence data in professional practice (ST04)
ST05. To analyse the interactive behaviour of people according to gender and other social determinants, taking into account their implications in health and disease processes, in a social and multicultural context.	SM06. Analyse people's interactive behaviour according to gender and other social determinants, taking into account their implications in health and disease processes, in a social and multicultural context (ST05)
ST07. Identify physical, psychological and social problems derived from gender violence, acting in favour of prevention and early detection for the assistance and rehabilitation of women victims of gender violence.	SM07. Identify the stages of the cycle of gender violence (ST07) SM08. Identify situations of abuse throughout the life cycle (ST07) SM09. Identify physical and psychological health problems derived from gender violence (ST07)
CT08. Work in health and social environments in collaboration with other professionals, forming multidisciplinary and interdisciplinary teams to improve the health and care of individuals, groups or the community.	CM08. Collaborate with other professionals in the health and social field in the detection and assistance of victims of gender violence (CT08)

Contents

MODULE 1.

- Health and social inequality:
 - Social determinants of health.
 - Inequality and inequity in health.
- Work and health:
 - The relationship between employment and health.
 - Deterioration in the quality of life of the unemployed.
 - Occupational risks.

MODULE 2.

- Culture and Society and Health:
 - The importance of cultural visions in the process of health, illness and care.
 - Disease, Illness i Sickness.
 - Ethnomedicina.
 - Biomedicine: Hegemonic Medical Model (MMH).

- Gender and health:
 - The body.
 - Gender intersectionality: work, care and health.
 - Morbidity, mortality and differential etiology.
 - Gender-based violence and nursing intervention.

MODULE 3.

- Health-disease and migration processes:
 - Determining factors in the health of migrants: cultures and the migratory process.
 - Anti-racist and decolonial perspective in health.
 - The practice of health professionals in a contemporary society: culture competence and considerations on diversity in the clinical interview.

Methodology

The methodological approach of the subject is based on considering that each person is the protagonist of the teaching and learning process. Students must be active and autonomous throughout the process and the teaching staff must support them, providing the information and resources necessary for learning to take place.

It requires continuous work and a participatory and proactive attitude in the various teaching activities. The subject is face-to-face with non-compulsory attendance.

Directed activity:

There is only one theory group. The theoretical development of the topic is combined with classroom activities, of a more practical nature (individual and/or in groups), in order to consolidate the theoretical content and achieve the learning outcomes of the subject.

Supervised activity:

Preparation of a tutored assignment and group oral defense in debate format (individual assignments will not be accepted). Tutorials can be face-to-face or online, individual or group.

The orientation on the work at the beginning of the course includes information on the script, the criteria for the evaluation of the work, deadline and oral presentation.

Training activities¹

Activity	Hours	ECTS	Learning Outcomes
Type: Directed . Theory (TE)	45	1,80	SM06,SM07,SM08,SM09,SM01,CM08

¹ The teaching staff will allocate approximately 15 minutes once the subject is finished to allow that their students can answer the assessment surveys on teaching and subject.

Type: Supervised			
. Tutorials	1	0,04	SM06,SM07,SM08,SM09,SM01,CM08
Type: Self-employed:			
. Personal study. . Bibliographic research. . Reading articles / reports of interest.	90	3,60	SM06,SM07,SM08,SM09,SM01,CM08

Evaluation

Students have only one call per academic year to pass the subject.

Continuous assessment

The objective is to verify the evolution and learning process of the students.

Assessment instruments:

- **Preparation of oral and written group tasks** such as presentations, debates, etc. throughout the course on the seminars carried out, proposed readings or practical activities related to the three modules.
- **Objective multiple-choice test.** In multiple-choice written tests, the wrong answers are subtracted according to the following formula $X = \text{correct answers} - (\text{errors}/n-1)$, where n is the number of answer options.
- **Preparation of a work and group oral defense in debate format** (The instructions and rubric indicated in the Moodle virtual classroom).

The grade of the subject is given by the sum of the weightings obtained in each test from a minimum score of 5 out of 10 each.

Final note:

- . 25% preparation of oral and written group assignments
- . 25% preparation of a group work and defense in DEBATE format
- . 50% objective test of individual multiple answer.

Continuous assessment will represent 50% of the subject's grade + 50% objective response test Single multiple.

Once the subject has been passed, it cannot be subject to a new evaluation.

Feedback on the results of the evaluation tests will be made through the classroom and tutorials if necessary.

The evaluation rubric of the work is available in the virtual classroom.

Qualification

- 0 to 4.9: Suspense
- 5.0 to 6.9: Passed
- 7,0 a 8,9: Notable
- 9.0 to 10: Excellent (in the event that the student has obtained a grade equal to or greater than 9, he/she may opt, at the discretion of the teacher, for an honors degree).

Single assessment

1. In this subject, the student must attend the classroom on the days that the seminars/debates are scheduled.
2. The date of the single test will coincide with the date of the last continuous assessment test that appears in the daily programme and in the calendar of training and assessment activities.
3. The single assessment will consist of:
 - Test 1 which will consist of an **objective multiple-choice test** and weights 50%.
 - Test 2 which will consist of **the elaboration of oral and written group tasks in debate** format with the teacher and weights 25%.
 - Test 3 which will consist of **the preparation of an individual work and oral defense** and weights 25 %.

Recovery activity

1. A single date is determined for the recovery activity for all students, whether or not they are subject to single assessment.
2. A recovery activity is proposed for those students who have been previously evaluated for the set of activities whose weight is equivalent to a minimum of 2/3 of the total grade of the subject, and have obtained a final grade of less than 5 and greater than 3.5 out of 10.
3. This test will consist of an evaluation activity of the test(s) not passed.
4. The recovery tests will be determined by the teaching staff.
5. The teacher may exclude from the recovery process those activities that, due to their nature, he/she considers that they are not recoverable.
 - a. The group oral work and defense in debate format is not recoverable and the grade obtained in this test will be used to obtain the final grade.
 - b. The written report and group oral defense may be retrievable in the format decided by the teacher.
6. In the event that the student passes the retake test corresponding to the failed part, the maximum grade of this will be a 5.
7. The retake grade will replace the grade originally obtained and the final weighted grade will be recalculated.

8. Once the subject has been passed, it cannot be subject to a new evaluation.
9. Attendance at scheduled conferences is mandatory. Non-attendance for unjustified reasons will have an impact on one point less than the final grade.

No available

It is considered that the subject will not be assessable when one of these circumstances is met:

1. Not having delivered any of the continuous assessment activities provided for in the teaching guide.
2. Not having attended any of the practical or compulsory sessions, when these are necessary to assess learning outcomes and as indicated in the teaching guide.
3. Not having taken the final test (exam, written or oral test, work defense, etc.), if This represents an essential percentage of the grade.
4. Not having completed the minimum required participation in training activities (for example, seminars, presentations, forums, etc.), when these are part of the evaluation.
5. Not having submitted the final project or compulsory project, if this constitutes a central evidence of learning of the subject.

Exam Review

Once the final grade has been published, the student can request the revision of the evaluation test in the given period. Review requests are not accepted on dates outside the established limit.

Procedure in case of copying / plagiarism

1. Copying **or plagiarism** in any type of evaluation activity constitutes a crime, and will be penalized with a 0 as a grade for the subject, losing the possibility of recovering it, whether it is an individual or group work (in this case, all members of the group will have a 0).
2. If, during the completion of an individual assignment in class, the teacher considers that a student is trying to copy or is discovered some type of document or device not authorized by the teacher, the same will be graded with a 0, without the option of recovery, and therefore, the subject will be suspended.
3. A work, activity or exam will be considered to be "copied" when it reproduces all or a significant part of the work of oneself, another classmate.
4. A work or activity will be considered "plagiarized" when a part of a text by an author is presented as one's own without citing the sources, regardless of whether the original sources are in paper or digital format.

The use of Artificial Intelligence (AI) technologies

The use of Artificial Intelligence (AI) technologies is regulated according to the type of work to be carried out:

1. In the event that the work aims at personal reflection and meaningful learning by the student, **the use of AI technologies is prohibited** in any of its phases of completion. Any work that includes AI-generated fragments (e.g. abstracts, translations, text writing or image creation) will be considered a lack of academic honesty and may lead to a partial or total penalty in the grade of the activity, as well as greater penalties in cases of seriousness.
2. In other works, **the restricted use of AI technologies is allowed** exclusively in those support tasks, such as bibliographic or information searches, proofreading, translations, and other specific situations that are indicated. In these cases, the student will have to clearly identify which parts have been generated with this technology, specify the tools used and include a critical reflection on how they have influenced the process and the final result of the activity. The non-transparency of the use of AI in this assessable activity will be considered a lack of academic honesty and may lead to a partial or total penalty in the grade of the activity, as well as greater sanctions in cases of severity.

In any case, in the description of each assignment, the teacher in charge will clearly indicate **whether the prohibited or restricted use of AI applies**.

Aspects of evaluation related to values and attitudes

1. The teacher may reduce the grade of the subject by between 1 and 2 points when the student repeatedly does not respect the indications of behavior in the classroom and/or disturbs the normal functioning of the same.
2. "No lack of respect for classmates or teachers will be tolerated. Homophobic, sexist or racist attitudes will also not be tolerated. Any student in whom any of the attitudes described above are detected will be classified as having failed the subject."

Formal aspects of written work

In all activities (individual and group) linguistic correction, writing and formal presentation aspects will be taken into account.

Other considerations

1. All the evaluation tests will be published in the daily program and in the calendar of training and evaluation activities.
2. The date of the single test will coincide with the date of the last continuous assessment test.
3. Students who repeat the subject may request at the beginning of the course to carry out only one final synthesis assessment (article 117, page 46 of the Academic Regulations of the Universitat Autònoma de Barcelona (Approved by agreement of the Governing Council of 7 July 2022, and modified by agreement of the Governing Council of 1 February 2023)).

Students in second or more enrolment who have taken all the assessment tests in the previous year may opt to be assessed with a single synthesis assessment activity. This activity will consist of an exam at the end of the subject coinciding with the written exam of the subject. Students in second or more enrolment who wish to opt for the final exam must notify the teaching staff responsible for the subject in writing two weeks before the published date.

Evaluation Activity

Activity	Weight	Hours	ECTS	Learning Outcomes
Objective multiple-choice test	50%	3	0,12	SM06, SM07, SM08, SM09, SM01
Preparation of oral and written group tasks in debate format	25%	2,25	0,09	SM06, SM07, SM08, SM09, SM01, CM08
Preparation of an individual work and oral defense	25%	2,25	0,09	SM06, SM07, SM08, SM09, SM01, CM08

Bibliography

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Author: Brigidi S- Comelles JM

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To the program

- Moodle