

 SANT PAU Campus Salut Barcelona	 Campus d'Aprenentatge Sant Pau	NURSING DEGREE – EUI SANT PAU	 EUI-SANT PAU Centre adscrit a la UAB
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Teaching Guide of the subject

Year 2026 - 2027

PSYCHOSOCIAL SCIENCES

Code: 106102

ECTS credits: 6

Qualification	Types	Course	Semester
2500891 Nursing	FB	1	1

Contact	Use of languages
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Prerequisites

There are no official prerequisites.

Contextualisation and objectives

This subject is part of the Basic Sciences, Psychology subject and is planned in the first semester of the Bachelor's Degree in Nursing. The general bases of Psychosocial Nursing (General Psychology) and Evolutionary Psychology of the individual are studied in order to appreciate the process of individual development. As well as the psychosocial factors that are linked to social action and that intervene in the individual and collective health of people.

The purpose of this course is to assess and analyze the general aspects of General and Evolutionary Psychology, to understand the psychological processes of the individual, so that the student has the theoretical arguments for the understanding of himself and a transfer of this experience in the relationship with others.

Learning objectives of the subject

1. Analyse people's behaviour in relation to social, psychological and gender determinants, using scientific evidence.

2. Identify care needs and health responses throughout the life cycle, applying appropriate assessment methods.
3. Recognise and describe the manifestations of gender-based violence and its physical, psychological and social effects.
4. Detect situations of risk, abuse or suffering in people of different ages and contexts, and adapt professional interaction to these circumstances.
5. Integrate scientific evidence into the assessment, interpretation and decision-making related to people's behaviour, needs and health responses.

Learning outcomes

Learning Outcomes of the DEGREE (RAT)	LEARNING OUTCOMES OF THE SUBJECT (RAM)
KT08. Identify individuals' psychological and social responses to different situations and/or health, illness, and suffering-related problems.	KM15. Identify individuals' psychological and social responses to different situations or problems related to health, illness, and suffering (KT08).
KT09. Determine strategies to provide comfort-oriented care to individuals and their families during the end-of-life process.	KM14. Identify methods for assessing care needs across the life cycle (KT09).
ST04. Formulate clinical judgments based on clinical and care practice guidelines, applying diagnostic and therapeutic reasoning in care delivery.	SM01. Use scientific evidence in professional practice (ST04).
ST05. Analyse interactive behaviour in relation to gender and other social determinants, considering their implications for health and illness processes in a social and multicultural context.	SM06. Analyse interactive behaviour in relation to gender and other social determinants, considering their implications for health and illness processes in a social and multicultural context (ST05).
ST07. Identify physical, psychological, and social problems derived from gender-based violence, acting in favour of prevention, early detection, assistance, and rehabilitation of women who are victims of male violence.	SM07. Identify the stages of the gender-based violence cycle (ST07). SM08. Identify situations of maltreatment across the life cycle (ST07). SM09. Identify physical and psychological health problems derived from gender-based violence (ST07).

Contents

MODULE 1. Introduction to Psychosocial Nursing

Topic 1. Conceptual models of health psychology, purpose and applications in health sciences:

- 1.1 Health psychology: contributions of psychology to the health sciences.
- 1.2 Models: biological-medical, psychoanalytical, behavioral, humanistic, systemic, cognitive, model
interpersonal, socio-cultural model, psychobiosocial model.

MODULE 2. Basic psychological processes in human behavior

Topic 2. Sensation-perception.

Topic 3. Attention.

Topic 4. Learning and memory.

Topic 5. Thoughts and intelligences and language.

Topic 6. Motivation and emotion.

MODULE 3. Evolutionary Psychology

Topic 7. The child from 0 to 12 years old. Motor, cognitive, emotional, social and affective development.

Topic 8. Puberty, adolescence and youth. Biological, social and emotional changes.

Topic 9. Adulthood and old age: Physical, cognitive, psychological, emotional and social changes.

Spirituality throughout life.

MODULE 4. The person as a unit of relationship. Theories and processes of interpersonal relationships

Topic 10. The areas of interaction. Social and personal identity. Person-to-person interaction. Interaction in groups (family, environment, community) and organizations.

Topic 11. Interaction in mass situations. Interaction in society. Compliance. Obedience. Behavioral influence of roles. Damages.

Topic 12. Self-concept and self-esteem.

Topic 13. Human sexual dimension (Gender and identity)

Item 14. Gender violence and domestic violence.

Topic 15. Prevention of stigma and discrimination based on gender, culture or other factors.

MODULE 5. Nursing care: psychosocial interventions in specific health situations.

Item 16. Anguish and stress as, to basic concepts of getting sick (pain).

Topic 17. Losses and the grieving process

Item 18. Management of emotions and communication. Attention, identification and repair of emotions.

Assessment of the emotional state and nursing interventions.

Methodology

The methodological approach of the subject is based on considering that each student is the protagonist in the teaching and learning process. Students must be active and autonomous throughout the process and teachers must support them, providing the necessary information and resources for learning to take place.

Directed activity:

The subject is face-to-face with non-compulsory attendance. The teaching methodologies used will be theory and practice in the classroom, promoting participation and active listening.

Supervised activity:

Different articles and documents are worked on. Tutorials can be face-to-face or electronically.

Training activities¹

Activity	Hours	ECTS	Learning Outcomes
Type: Directed . Theory (TE) . Classroom Practices (PAUL)	43 2	1,72 0,08	<i>KM14,KM15,SM06,SM07,SM09</i> <i>KM14,KM15. SM06,SM08,SM09</i>
Type: Supervised . Tutorials	1	0,04	<i>KM14,KM15,SM06,SM07,SM08,SM09</i>
Type: Self-employed: . Personal study. . Bibliographic queries and documents. . Reading articles / reports of interest.	90	3,60	<i>KM14,KM15,SM06,SM07,SM08,SM09</i>

Evaluation

The student has only one call per academic year to pass the subject.

Academic progression and passing the subject is assessed through continuous and formative assessment, through a multiple-choice test and two assignments, one individual and one in group.

In multiple-choice tests, the negative answers are according to the following formula:

$X = \text{Correct answers} - (\text{errors}/n-1)$ where n is the number of answer options.

The indications of the works are established by the teaching staff at the beginning of the course and the presentation of the same must follow the EUI regulations to be accepted.

The delay in delivery, maximum 24 hours, will be penalized by subtracting one point from the grade of the work.

Deliveries with longer delays will not be accepted.

The grade of the subject is given by the weighted average of the grades obtained in the tests described from a 5 in each of them.

Feedback on the results of the evaluation tests will be made through the classroom and tutorials if necessary.

The evaluation rubric of the work is available in the virtual classroom.

¹ The teaching staff will allocate approximately 15 minutes once the subject is finished to allow that their students can answer the assessment surveys on teaching and subject.

Qualification

- 0 to 4.9: Suspense
- 5.0 to 6.9: Passed
- 7,0 a 8,9: Notable
- 9.0 to 10: Excellent (in the event that the student has obtained a grade equal to or higher than 9, he/she may opt, at the discretion of the teacher, for an honors degree).

Single assessment

1. In this subject there is no task programmed to be done in a group.
2. The date of the single test will coincide with the date of the last continuous assessment test that appears in the daily programme and in the calendar of training and assessment activities.
3. The single assessment will consist of:
 - Test 1 which will consist of an **objective multiple-choice written test** and weights 50%.
 - Test 2 which will consist of the **preparation of individual work** and weights 30 %.
 - Test 3 which will consist of **the preparation of individual work** and weights 20 %.

Recovery activity

1. A single date is determined for the recovery activity for all students, whether or not they are subject to single assessment
2. A recovery activity is proposed for those students who have been previously evaluated for the set of activities whose weight is equivalent to a minimum of 2/3 of the total grade of the subject, and have obtained a final grade higher than 3.5 and less than 5 out of 10.
3. This activity will consist of an evaluation test, to be determined by the teaching staff, which will include the failed contents, will be carried out in the period established for this purpose and will only allow a grade of 5 to be obtained.
4. Group work is not recoverable.
5. The retake grade, 5, will replace the grade originally obtained and the final weighted grade will be recalculated.
6. Once the subject has been passed, it cannot be subject to new evaluation

No available

It is considered that the subject will not be assessable when one of these circumstances is met:

1. Not having delivered any of the continuous assessment activities provided for in the teaching guide.
2. Not having attended any of the practical or compulsory sessions, when these are necessary to assess learning outcomes and as indicated in the teaching guide.
3. Not having taken the final test (exam, written or oral test, work defense, etc.), if This represents an essential percentage of the grade.
4. Not having completed the minimum required participation in training activities (for example, seminars, presentations, forums, etc.), when these are part of the evaluation.

5. Not having submitted the final project or compulsory project, if this constitutes a central evidence of learning of the subject.

Exam Review

Once the final grade has been published, the student can request the revision of the retake test within the established period. Review requests are not accepted on dates outside of this period.

Procedure in case of copying / plagiarism

1. Copying **or plagiarism** in any type of evaluation activity constitutes a crime, and will be penalized with a 0 as a grade for the subject, losing the possibility of recovering it, whether it is an individual or group work (in this case, all members of the group will have a 0).
2. If, during the completion of an individual assignment in class, the teacher considers that a student is trying to copy or is discovered some type of document or device not authorized by the teacher, the same will be graded with a 0, without the option of recovery, and therefore, the subject will be suspended.
3. A work, activity or exam will be considered to be "copied" when it reproduces all or a significant part of the work of oneself, another classmate.
4. A work or activity will be considered "plagiarized" when a part of a text by an author is presented as one's own without citing the sources, regardless of whether the original sources are in paper or digital format.

The use of Artificial Intelligence (AI) technologies

The use of Artificial Intelligence (AI) technologies is regulated according to the type of work to be carried out:

1. In the event that the work aims at personal reflection and meaningful learning by the student, **the use of AI technologies is prohibited** in any of its phases of completion. Any work that includes AI-generated fragments (e.g. abstracts, translations, text writing or image creation) will be considered a lack of academic honesty and may lead to a partial or total penalty in the grade of the activity, as well as greater penalties in cases of seriousness.
2. In other works, **the restricted use of AI technologies is allowed** exclusively in those support tasks, such as bibliographic or information searches, proofreading, translations, and other specific situations that are indicated. In these cases, the student will have to clearly identify which parts have been generated with this technology, specify the tools used and include a critical reflection on how they have influenced the process and the final result of the activity. The non-transparency of the use of AI in this assessable activity will be considered a lack of academic honesty and may lead to a partial or total penalty in the grade of the activity, as well as greater sanctions in cases of severity.

In any case, in the description of each assignment, the teacher in charge will clearly indicate **whether the prohibited or restricted use of AI applies**.

Aspects of evaluation related to values and attitudes

1. The teacher may reduce the grade of the subject by between 1 and 2 points when the student repeatedly does not respect the indications of behavior in the classroom and/or disturbs the normal functioning of the same.
2. "No lack of respect for classmates or teachers will be tolerated. Homophobic, sexist or racist attitudes will also not be tolerated. Any student in whom any of the attitudes described above are detected will be classified as having failed the subject."

Formal aspects of written work

In all activities (individual and group) linguistic correction, writing and formal presentation aspects will be taken into account.

Other considerations

1. All the evaluation tests will be published in the daily program and in the calendar of training and evaluation activities.
2. The date of the single test will coincide with the date of the last continuous assessment test.
3. Students who repeat the subject may request at the beginning of the course to carry out only one final synthesis assessment (article 117, page 46 of the Academic Regulations of the Universitat Autònoma de Barcelona (Approved by agreement of the Governing Council of 7 July 2022, and modified by agreement of the Governing Council of 1 February 2023)).

Students in second or more enrolment who have taken all the assessment tests in the previous year may opt to be assessed with a single synthesis assessment activity. This activity will consist of an exam at the end of the subject coinciding with the written exam of the subject. Students in second or more enrolment who wish to opt for the final exam must notify the teaching staff responsible for the subject in writing two weeks before the published date.

Evaluation activities

Activity	Weight	Hours	ECTS	Learning Outcomes
Written test 1 objective multiple-choice written test	50%	2	0,08	KM14,KM15,SM06,SM07,SM08,SM09
Individual work: Group work:	30% 20%			KM14,KM15,SM06,SM08,SM09 KM15,SM06,SM07,SM08,SM09

Bibliography

Books:

Psychology for Nursing and Health Sciences 9788413821818

Author: Darío Díaz Méndez, José Miguel Latorre Postigo, César Leal Costa and Sandra Saldivia Bórquez.

Edition: Elsevier, 2023.

ISBN: 8413821819.

This is not sex

Author: Moroccan, Marina.

Edition: Fanbooks, 2023

Man in Search of Meaning

Author: Frankl, Viktor.

Edition: Herder Editorial, 2004.

To the program

- Moodle
- Mendeley
- Kahoot
- Genially
- Canva
- Google Forms