

Teaching Guide of the subject	Year 2026 - 2027
PRACTICUM V	
Code: 106124	
ECTS credits: 12	

Titulation	Type	Course	Semester
2500891 Nursing	OB	3	2

Contact	Use of languages
<u>Responsible:</u> De Francisco Profumo, Seyla sdefrancisco@santpau.cat <u>Teaching staff:</u> De Francisco Profumo, Seyla sdefrancisco@santpau.cat Ricart Basagaña, M. Teresa mrkart@santpau.cat Hernández Martínez-Esparza, Elvira ehernandezma@santpau.cat Vicente Pérez, Sílvia svicente@santpau.cat	Group 1 : Catalan

Prerequisites

In order to carry out the clinical practice, the student must have signed the confidentiality commitment, the clinical practice collaboration agreement and have provided a negative certification from the Central Register of Sexual Offences, as indicated by the regulations published by the UAB, in April 2016, which must be complied with, according to article 13.4 of the Organic Law on the Legal Protection of Minors.

It is recommended prior to taking this subject, to have knowledge of: Theoretical and Methodological Bases in Nursing, Function of the Human Body I and II, Nursing Care for Adults I and II, Nursing Care in Complex Situations, Nursing Care for Women and Children, Nursing Care in the Aging Process, Nursing Care in Mental Health as well as Therapeutic Communication and Pharmacology and the realization of Practicum I, Practicum II and Practicum III.

Contextualisation and objectives

This subject is part of the subject External Internships and is planned in the fifth and sixth semesters of the Bachelor's Degree in Nursing. It is linked to the set of third-year subjects that provide the theoretical foundation that will act as a reference for reflection in and from action.

The [Clinical Practice Framework Document](#) and the regulations section of the [Student Guide](#) include information and documentation in relation to clinical practices. It is necessary that the student has read this documentation before taking the subject.

This practical experience provides the student with real situations that allow them to apply the knowledge, skills and attitudes learned and, at the same time, develop new knowledge and acquire the necessary skills to be able to offer nursing care.

Supervised internships in healthcare environments are a fundamental element for the development of professional skills in nursing.

The purpose of the course is to facilitate the integration of theoretical knowledge, the skills and attitudes specific to the degree, as well as to apply a work methodology based on the Virginia Henderson model. As well as for students to integrate and deepen the knowledge previously acquired and develop the skills and attitudes necessary to carry out care plans that contribute to the maintenance and improvement of the health of individuals and the community, focusing their action on **Care in Complex Situations, Women and Children, the Elderly and Mental Health**; and on the other hand, to guide the student in their process towards professionalization.

Learning objectives of the subject

1. Integrate into professional practice the knowledge, skills and attitudes associated with the competences of the practitioner, incorporating professional values, care communication skills, clinical reasoning, clinical management and critical judgment.
2. Use the nursing care process as a scientific methodology in interventions in clinical practice to provide and guarantee the well-being, quality and safety of the people treated and in the resolution of problems.
3. To provide comprehensive nursing care, to the individual, the family and the community, with quality criteria and based on scientific evidence and available means.
4. Perform clinical techniques and nursing procedures, establishing a therapeutic relationship with patients and families.
5. To reflect on and on practice with the theoretical and practical references that the student acquires.

Competences and Learning Outcomes¹

Competence	Learning Outcomes
SPECIFIC	
E01. To provide technical and professional health care appropriate to the health needs of the people they serve, in accordance with the state of development of scientific knowledge at any given time and with the levels of quality and safety established in the applicable legal and ethical standards.	E01.21. Comprehensively assess health situations using tools such as physical examination, complementary tests and nursing interviews. E01.22. Demonstrate skill in the execution of nursing procedures and techniques. E01.24. Periodically evaluate health situations and nursing interventions provided. E01.25. Provide comprehensive and individualized nursing care to individuals, families and communities, evaluating the results obtained. E01.26. Apply the knowledge and skills acquired to healthcare practice. E01.32. Recognise life-threatening situations. E01.33. Demonstrate knowledge of performing basic life support manoeuvres.
E02. Plan and provide nursing care aimed at individuals, families or groups, oriented towards health outcomes, evaluating their impact, through clinical and care practice guidelines, which describe the processes by which a health problem is diagnosed, treated or cared for.	E02.02. Plan nursing care in an individualized way and adapted to each situation of clinical practice. E02.03. Apply the nursing process to provide and guarantee the well-being, quality and safety of the people being cared for.
E03. Apply the theoretical and methodological foundations and principles of nursing.	E03.07. Solve nursing problems and collaboration problems, using the clinical history applying the nursing methodology and standardized languages in force.
E05. Design care systems aimed at individuals, families or groups, evaluating their impact and establishing the appropriate modifications.	E05.03. Determine the appropriate outcome criteria for the nursing problems detected. E05.06. Apply knowledge about pathophysiology and health determinants in nursing care. E05.09. Assess the state of health of the individual, family and/or community, identifying the problems and internal and external factors that affect their health.

¹ "The competences and learning outcomes of the subject External Practice will be worked on and evaluated throughout the different practicums depending on the context and area where each of the practicums are developed. Throughout the development of the clinical practice stays from 2nd to 4th year, the achievement of all the clinical practice skills of the degree will be ensured."

E06. Base nursing interventions on scientific evidence and available means.	E06.05. Apply scientific evidence in the planning and development of nursing care. E06.06. Analyse nursing interventions, justifying them with scientific evidence and/or contributions from experts to support them. E06.07. Identify specific clinical practice guidelines for each stage of the life cycle.
E07. Demonstrate that they understand people without prejudice, considering their physical, psychological and social aspects, as autonomous and independent individuals, ensuring respect for their opinions, beliefs and values, guaranteeing the right to privacy, through confidentiality and professional secrecy.	E07.12. Apply a respectful relationship with the user/family/health team, without making value judgments. E07.13. Respect the principles of the right to privacy, confidentiality and professional secrecy in all the care carried out.
E08. Promote and respect the right to participation, information, autonomy and informed consent in decision-making of the people served, in accordance with the way in which they live their health-illness process.	E08.06. Integrate psychosocial aspects into the care plan, ensuring respect for opinions, preferences, beliefs and values. E08.07. Respect the right of participation in the decision-making process of people in their own care, in accordance with the way in which they live their health process.
E09. Promote healthy lifestyles, self-care, supporting the maintenance of preventive and therapeutic behaviours.	E09.06. Implement educational and informational interventions that promote healthy lifestyles and self-care.
E10. Protect the health and well-being of the individuals, families or groups served, guaranteeing their safety.	E10.02. Identify the elements that may put people's health at risk in relation to the use and management of drugs. E10.11. Prioritise preventive health measures during their interventions in health centres. E10.12. Assess the risk and protect people's health by guaranteeing their safety. E10.13. Use protection and safety measures to guarantee well-being and minimise the risk associated with care.

E11. Establish effective communication with patients, family, social groups and peers and promote health education.	E11.05. Establish an empathetic and respectful relationship with the person and family, in accordance with the person's situation, health problem and stage of development. E11.06. Use strategies and skills that allow effective communication with individuals, families and social groups and classmates; as well as the expression of their concerns and interests. E11.07. Communicate by adapting language to each interlocutor.
E12. Demonstrate knowledge of the code of ethics and deontology of Spanish nursing, understand the ethical implications of health in a changing global context.	E12.05. Apply the code of ethics and deontology of nursing in all areas of nursing activity.
E13. Demonstrate knowledge of the principles of health and socio-health financing and make appropriate use of available resources.	E13.05. Make appropriate use of available resources.
E15. Work with the team of professionals with a basic unit in which professionals and other staff of healthcare organizations are structured in a uni- or multi-disciplinary and interdisciplinary way.	E15.03. Demonstrate a cooperative attitude with the different members of the team. E15.07. Integrate into multi- and interdisciplinary work teams and share common objectives.
E16. Demonstrate knowledge of health information systems.	E16.07. Use health information systems and computer programs for the collection and analysis of data that facilitate the planning, analysis and evaluation of care as well as the generation of reports.
E17. Carry out nursing care based on comprehensive health care, which involves multi-professional cooperation, integration of processes and continuity of care.	E17.02. Valuing and treating people in a holistically tolerant way and without making value judgments. E17.03. Work collaboratively and responsibly to achieve previously planned objectives, guaranteeing continuity of care. E17.04. Carry out nursing care in a comprehensive way with in the interdisciplinary team.

E18. Demonstrate that they know the strategies for adopting measures of comfort and symptom care, aimed at the patient and family, in the application of palliative care that contributes to alleviating the situation of advanced and terminally ill patients.	E18.05. Design care aimed at people with advanced illness and at the end of life that includes the appropriate strategies to improve comfort and alleviate the situation, taking into account the values and preferences of sick people and their families.
E19. Propose solutions to the health/illness problems of individuals, families and/or the community by applying the therapeutic relationship following the scientific method of the nursing process.	E19.04. Apply the relationship of help to the solution of health/illness problems of individuals, families and/or the community.
E20. Use scientific methodology in their interventions.	E20.06. Use the nursing care process as a scientific methodology in interventions and problem solving E20.08. Use scientific evidence in healthcare practice.
GENERAL / BASIC	
G01. To introduce changes in the methods and processes of the field of knowledge in order to provide innovative responses to the needs and demands of society.	G01.03. Acquire and use the necessary tools to develop a critical and reflective attitude. G01.04. Adapt to new situations and contexts while maintaining a constructive attitude.
G02. Act in the field of self-knowledge by assessing the social, economic and environmental impact.	G02.01. Identify the social, economic and environmental implications of academic-professional activities in the field of own knowledge.
G04. Act in the field of own knowledge by assessing inequalities based on sex/gender.	G04.03. Analyse differences by sex and gender inequalities in etiology, anatomy, physiology, pathologies, differential diagnosis, therapeutic options, pharmacological response, prognosis and nursing care. G04.04. Carry out a clinical history, physical, psychological examination and nursing diagnosis specifically for men and women, also incorporating affective-sexual diversity, gender identity and expression. G04.07. Communicate in a non-sexist or discriminatory use of language.

B02. That students know how to apply their own knowledge to their work or vocation in a professional way and have the skills that are usually demonstrated through the elaboration and defense of arguments and the resolution of problems within their area of study.
B03. Students must have the ability to gather and interpret relevant data (usually within their area of study) to make judgments that include reflection on important social, scientific or ethical issues.
B04. That students can transmit information, ideas, problems and solutions to both specialized and non-specialized audiences.
B05. Students must have developed the learning skills necessary to undertake further studies with a high degree of autonomy.

Content

During the internship, the student must assess the needs, identify diagnoses and solve the problems of the people treated that arise during the internship under the supervision of the nurse.

The contents of this practicum consist of a combination of the different subjects taught throughout the third year:

- Virginia Henderson's nursing assessment model applied to newborn, child, adult, and old age care.
- The methodological bases for planning and offering nursing care.
- The application of the teaching-learning process when nursing care is offered to people from different cultures.
- Nursing care plan.
- The code of ethics, the rights and duties of the user within the framework of the Healthcare System.
- The continuous improvement in the quality of nursing care.
- Clinical practice guidelines and protocols.
- Healthy eating and therapeutic diets for the people served.
- Factors that influence the learning processes of the people served, educational needs, learning objectives, educational strategies and expected results.
- Nursing care aimed at health promotion and prevention.
- Pharmacokinetics, pharmacodynamics of the drugs that are most prescribed as well as the educational needs of people.
- Therapeutic communication.
- Conflict management.
- Risk management rules for patient safety.
- The Catalan Health System.

Methodology

Practicum V is regulated by the collaboration agreement with the internship center, the training project of the subject and the Framework Document of Clinical Practices.

Supervised activity: Clinical Practice

Clinical internships give students the opportunity to develop knowledge, skills, attitudes and values in a real and complex professional field.

They consist of two clinical practice stays, of approximately 4 weeks each, in complex and critical care services, women's care, child care, elderly care and/or mental health care.

Each student, during the internship, is assigned to a tutor from the internship center (reference nursing) who assumes a single student throughout the period; and to an academic tutor (lecturer and/or clinical collaborator) who carries out the weekly monitoring of the student's progress and formative assessment.

Shifts and schedules:

Daily practices are established in the day shift (morning and afternoon) and in the night shift adapted to the Centre's care schedule²

These shifts can be modified depending on unforeseen situations and/or the needs of the internship center itself or the academic tutor.

Autonomous activity: Reflective Memory of the student

It is a collection of those situations experienced during the practice that have aroused curiosity and critical analysis or even some emotion with an impact on the learning process.

Students will have access to the virtual campus of the subject, the guidelines for preparation and the evaluation criteria for carrying out the autonomous work.

² The student's internship hours are established at an average of 7h.30'/day, plus/minus 30', taking into account the particularities of the different collaborating internship centers. Throughout the degree, from 2nd to 4th year, the student reaches the total hours specified in the subject of External Internships.

Training Activities³

Activity	Hours	ECTS	Learning Outcomes
Type: Supervised Human Care Clinical Practice.	291	11,64	<i>E01.21, E01.22, E01.24, E01.25, E01.25. 26, E01.32, E01.33, E02.02, E02.03, E05.06, E05.09, E06.05, E07.12, E07.13, E08.07, E09.06, E10.11, E10.12, E10.13, E11.05, E11.06, E11.07, E12.05, E13.05, E15.03, E15.07, E16.07, E17.02, E17.03, E17.04, E19.04, E20.08, B02, B04, G01, G01.03, G1.04, G04.07</i>
Type: Autonomous Personal study, bibliographic consultations and documents. Preparation of works.	9	0,36	<i>E03.07, E05.03, E06.06, E06.07, E08.06, E10.02, E12.05, E18.05, E20.06, B03, B04, B05, G01.03, G02.01, G04.03, G04.04</i>

Evaluation

The evaluation is formative and continuous. The level of achievement of the objectives and the skills acquired during the clinical practices are evaluated.

Attendance at clinical practices is compulsory.

The following are involved in the evaluation of the student:

- The tutor of the internship centre (reference nurse) informs about the student's ongoing process.
- The clinical collaborator who assesses the monitoring of the student's learning.
- The student himself, through the memory of the practitioner.
- The academic tutor (lecturer responsible for the subject), responsible for the overall assessment of the student and the grade.

Assessment instruments:

- Report of the tutor of the center (reference nurse)
- Evaluation report of the clinical collaborator.
- Student's report.

³ The teaching staff will allocate approximately 15 minutes once the subject is finished to allow that their students can answer the assessment surveys on teaching and subject.

The final grade of the subject is obtained from the weighted average according to the percentage assigned to each of the different activities proposed for evaluation. The minimum grade of each part to be able to make the average is 5 out of 10.

Internship attendance:

Attendance at the clinical practice is mandatory in all the scheduled hours, in the shift and in the assigned time. Justified and unjustified absences from clinical practices must be recovered before the closing of the minutes. In addition, unjustified absences entail a penalty in the final grade.

Justified lack of attendance

- Death of a family member ^{*4}
- Acute illness
- For medical visit: the student is allowed the essential hours to attend the medical visit
- Official exams: the student is allowed all day the exam takes place
- Driver's license exam: the student is allowed the essential hours to attend the test
- Attendance at court *
- For other cases approved jointly by the collaborating entity and the EUI-Sant Pau

Lack of attendance NOT justified

- Those that do not appear on the list

At the end of the subject, for each day of unjustified absence, 1 point will be deducted from the final grade of the practicum subject.

Lack of attendance NOT justified and NOT notified leads to the failure of the subject

Notification of absences from the internships:

- The student must inform the tutor of the collaborating centre (tutor of the institution), the clinical collaborator and the academic tutor (subject responsible), and send an email to practiquesui@santpau.cat of any absence and must present the corresponding receipt. When absence is foreseeable, it is necessary to notify well in advance.
- In the case of lack of attendance at internships due to time incompatibility, the student must deliver the Responsible Declaration of time incompatibility to the intern, this document must be communicated and delivered before the start of the internship period that affects.

Qualification

- 0 to 4.9: Fail
- 5.0 to 6.9: Pass
- 7.0 to 8.9: Remarkable
- 9.0 to 10: Excellent. (In the event that the student has obtained a grade equal to or greater than 9, he/she may opt, at the discretion of the teacher, for an honors).

⁴ *No need to recover

Not Assessable

It is considered that the subject will not be assessable when one of these circumstances is met:

1. Not having delivered any of the continuous assessment activities provided for in the teaching guide.
2. Not having attended any of the practical or compulsory sessions, when these are necessary to assess specific competences and as indicated in the teaching guide.
3. Not having taken the final test (exam, written or oral test, work defense, etc.), if This represents an essential percentage of the grade.
4. Not having completed the minimum required participation in training activities (for example, seminars, presentations, forums, etc.), when these are part of the evaluation.
5. Not having submitted the final project or compulsory project, if this constitutes a central evidence of learning of the subject.

Review of exams and tests

Once the final grade has been published, the student can request revision within the period determined by the "revision". Revision requests will not be accepted on dates outside the established limit.

Evaluation activities

Activity	Weight	Hours	ECTS	Learning Outcomes
Supervised activity	100%	291	11,64	
Evaluation of the performance of Clinical practice				<i>E01.21, E01.22, E01.24, E01.25, E01.25.26, E01.32, E01.33, E02.02, E02.03, E05.06, E05.09, E06.05, E07.12, E07.13, E08.07, E09.06, E10.11, E10.12, E10.13, E11.05, E11.06, E11.07, E12.05, E13.05, E15.03, E15.07, E16.07, E17.02, E17.03, E17.04, E19.04, E20.08, B02, B04, G01, G01.03, G1.04, G04.07</i>
- Report from the school's tutor	45%			
- Evaluation report of the Clinical Collaborator	35%			
- Delivery of report (report)	20%			
		9	0,36	

Procedure in case of copying / plagiarism

1. Copying **or plagiarism** in any type of evaluation activity constitutes a crime, and will be penalized with a 0 as a grade for the subject, losing the possibility of recovering it, whether it is an individual or group work (in this case, all members of the group will have a 0).
2. If, during the completion of an individual assignment in class, the teacher considers that a student is

trying to copy or is discovered some type of document or device not authorized by the teacher, the same will be graded with a 0, without the option of recovery, and therefore, the subject will be suspended.

3. A work, activity or exam will be considered to be "copied" when it reproduces all or a significant part of the work of oneself, another classmate.
4. A work or activity will be considered "plagiarized" when a part of a text by an author is presented as one's own without citing the sources, regardless of whether the original sources are in paper or digital format.

The use of Artificial Intelligence (AI) technologies

The use of Artificial Intelligence (AI) technologies is regulated according to the type of work to be carried out:

In the event that the work aims at personal reflection and meaningful learning by the student, **the use of AI technologies is prohibited** in any of its phases of completion.

Any work that includes AI-generated fragments (e.g. abstracts, translations, text writing or image creation) will be considered a lack of academic honesty and may lead to a partial or total penalty in the grade of the activity, as well as greater penalties in cases of seriousness.

Aspects of evaluation related to values and attitudes

1. The teacher may decrease the final grade of the subject by between 1 and 2 points when the student repeatedly does not respect the indications of behavior in the classroom and/or disturbs the normal functioning of the same.
2. "No lack of respect for classmates or teachers will be tolerated. Homophobic, sexist or racist attitudes will not be tolerated either. Any student in whom any of the attitudes described above are detected will be classified as having failed the subject."

Formal aspects of written work

In all activities (individual and group) linguistic correctness, writing and formal presentation aspects will be taken into account. It is recommended that before submitting evidence of learning, it is necessary to check that the sources, textual citations and bibliographic references have been written correctly following the regulations for the presentation of works, text recommended by EUI-Sant Pau.

Bibliography

Books:

NURSING DIAGNOSIS

Author: Carpenito L.J

Edition: 9th edition. Mac Graw Hill Interamericana de España 2002

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NURSING DIAGNOSES. DEFINITIONS AND CLASSIFICATION. 2021-2023

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UÍA PRACTICE OF NURSING REPORTS IN MENTAL HEALTH

Author: Weaver Mª Jesús; Etxabe Mª Pilar

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MANUAL OF DRUG ADDICTION

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PSYCHIATRIC AND MENTAL HEALTH NURSING. BASIC CONCEPTS.

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Edition: Madrid Mac Graw Hill Interamericana 2007

ISBN: 978-84.481-4661-0

Websites of interest:

- **National Group for the Study and Counseling of Pressure Ulcers and Chronic Wounds. GNEAUPP**
<https://gneaupp.info/>
- **Confederation of Mental Health Spain**
<https://consaludmental.org/presentacion-confederacion-salud-mental/>
- **Psiquiatria.com** <http://www.psiquiatria.>
- **Spanish Association of Paediatrics** <https://www.aeped.es/>

Teaching platforms

- Moodle